



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
1	NILSSON Amanda	SWE	#005	96	1 DF	02:03:11	4'56	Ryssbergets IK
2	BERGMAN Emma	SWE	#006	93	2 DF	02:03:26	4'56	Ryssbergets IK
3	FRIDLUND Jessica	SWE	#019	85	3 DF	02:10:37	5'13	Team Trelleborg Triathlon
4	FREDRIKSSON Malin	SWE	#048	77	4 DF	02:25:38	5'50	Kalmar OK/Team Dobsom
5	SKOG Theresa	SWE	#007	72	5 DF	02:26:41	5'52	Tetra Pak IF
6	ELMHÄLL Pernilla	SWE	#008	73	6 DF	02:27:14	5'53	Tetra Pak IF
7	HANNERZ Sara	SWE	#024	77	7 DF	02:28:56	5'57	LNK Ultras
8	JANTZE Moa	SWE	#028	78	8 DF	02:29:01	5'58	Vitaby
9	NYSTEDT Anna	SWE	#045	73	9 DF	02:32:38	6'06	piggelina.se
10	HÅKANSSON Liselott	SWE	#004	71	10 DF	02:33:22	6'08	Ryssbergets IK
11	OLSSON Kajsa	SWE	#037	78	11 DF	02:36:03	6'15	Team Nordic Trail
12	HOTOPP Ulrika	SWE	#033	74	12 DF	02:38:12	6'20	Heleneholm IF
13	ANDERSEN Elisabeth	SWE	#010	74	13 DF	02:42:41	6'30	FK Snapphanarna
14	BAGGESEN FRASER Cecilia	SWE	#016	74	14 DF	02:42:48	6'31	Actic Running Skrylle
15	KARLSSON Johanna	SWE	#002	79	15 DF	02:44:39	6'35	OK Pan-Kristianstad
16	LYCKESTAM Malin	SWE	#031	90	16 DF	02:47:30	6'42	Glimåkra
17	BÖKMAN Pernilla	SWE	#038	69	17 DF	02:50:30	6'49	Ronneby OK
18	TJÄDER Lina	SWE	#013	81	18 DF	02:51:20	6'51	Kristianstad
19	SVANTESSON Eva	SWE	#041	66	19 DF	02:52:54	6'55	Genarps IF
20	MAGNUSSON Helen	SWE	#017	69	20 DF	02:53:04	6'55	Karlskrona SS
21	LJUNGKVIST Marita	SWE	#021	72	21 DF	02:58:41	7'09	Lund
22	THELL Therese	SWE	#043	87	22 DF	02:59:34	7'11	Göteborg
23	ANDERSSON Edit	SWE	#011	64	23 DF	03:00:21	7'13	Lonesome Runners
24	OREFORS RUDER Sara	SWE	#027	56	24 DF	03:01:03	7'14	Dönaberga Roadrunners
25	BENGTSSON Madeleine	SWE	#032	69	25 DF	03:18:31	7'56	Lund
26	BJÖRNSLÄTT Malou	SWE	#047	68	26 DF	03:19:24	7'59	Vegan Runners IK
27	SVAHN Fredrika	SWE	#020	87	27 DF	03:49:15	9'10	Team Lidvik
28	HOLM ROOS Malin	SWE	#030	86	28 DF	03:52:22	9'18	Kalmar
29	STRÅGESJÖ HOLGERSSON Frida	SWE	#029	88	29 DF	03:52:22	9'18	Kalmar
30	CHRISTENSEN Tina	SWE	#003	65	30 DF	03:55:19	9'25	Heleneholms IF
31	HARKE SÖDERBERG Susanne	SWE	#040	59	31 DF	03:55:19	9'25	Heleneholms IF



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
1	MARTNER Ola	SWE	#179	87	1 HM	01:43:25	4'08	Ryssbergets IK
2	ENOKSSON Peder	SWE	#168	81	2 HM	01:55:17	4'37	Malmö Löp
3	KARLSSON Magnus	SWE	#115	73	3 HM	01:57:37	4'42	Hultsfreds LK
4	PERSSON Jens	SWE	#204	70	4 HM	01:59:19	4'46	Ystads IF
5	HANSSON Niklas	SWE	#176	80	5 HM	02:00:16	4'49	Elmhults Sportclub
6	WIKNER Mikael	SWE	#232	89	6 HM	02:04:20	4'58	TEAM TARRAGONA
7	GÖRANSSON Stefan	SWE	#135	83	7 HM	02:06:04	5'03	Vegan Runners IK
8	SPARRINGS Oliver	SWE	#234	89	8 HM	02:07:17	5'05	TEAM TARRAGONA
9	LARSSON Åke	SWE	#151	69	9 HM	02:08:17	5'08	Stigmännen Karlshamns OK
10	HOLM Niels	SWE	#123	70	10 HM	02:08:35	5'09	Tetra Pak IF
11	HANSSON Jonas	SWE	#195	83	11 HM	02:09:25	5'11	Malmö gerillalöpare
12	CARLSSON Martin	SWE	#125	76	12 HM	02:09:49	5'12	Tetra Pak IF
13	JÖNSSON Jonas	SWE	#158	66	13 HM	02:09:52	5'12	Hässleholm Freeflow AC
14	BRINK Markus	SWE	#152	86	14 HM	02:12:45	5'19	Elmhults Sport Club
15	SJÖHOLM Joel	SWE	#186	94	15 HM	02:13:36	5'21	OK Pan-Kristianstad
16	VALLON-CHRISTERSSON Johan	SWE	#231	73	16 HM	02:13:58	5'21	Malmö Gerillalöpare
17	BRORSSON Fredrik	SWE	#206	77	17 HM	02:14:00	5'22	Stigmännen Karlshamns OK
18	BLOMSTRAND Kristian	SWE	#177	74	18 HM	02:14:46	5'23	Malmö Gerillalöpare
19	SJÖLIN Andreas	SWE	#101	85	19 HM	02:15:21	5'25	Malmö
20	PAGMERT Sylvester	SWE	#189	75	20 HM	02:15:31	5'25	Stehag
21	TINGÅKER Ludvig	SWE	#142	91	21 HM	02:16:10	5'27	Team Lidvik
22	LILJEBACK Andreas	SWE	#127	77	22 HM	02:16:37	5'28	Malmö Gerillalöpare
23	NYSTEDT Fredrik	SWE	#208	73	23 HM	02:17:32	5'30	Skåneslättens ÖL
24	FÅGELBORG Mikael	SWE	#235	78	24 HM	02:18:33	5'32	Vittsjö GIK
25	LANZ Håkan	SWE	#103	84	25 HM	02:18:33	5'33	Genarp
26	MÅRTENSSON Anders	SWE	#212	70	26 HM	02:19:02	5'34	Kalmar OK
27	LELOUP Laurent	SWE	#120	71	27 HM	02:19:12	5'34	Tetra Pak IF
28	NIELSEN Jens	SWE	#209	81	28 HM	02:19:23	5'34	Triathlon Syd
29	JACK Richard	SWE	#178	71	29 HM	02:20:53	5'38	Malmö Gerillalöpare
30	SAMUELSSON Markus	SWE	#203	81	30 HM	02:21:55	5'41	Team Blekinge Löparförening
31	EINARSSON Martin	SWE	#157	85	31 HM	02:22:16	5'41	Knislinge
32	OLSSON Johan	SWE	#110	72	32 HM	02:24:03	5'46	Team Blekinge Löparförening
33	HÅKANSSON Jonas	SWE	#102	73	33 HM	02:24:17	5'46	Staffanstorp
34	FRÖJD Thomas	SWE	#201	61	34 HM	02:24:27	5'47	Hanaskog
35	SJÖBERG Martin	SWE	#193	76	35 HM	02:24:28	5'47	OK Pan-Kristianstad
36	HILMERSSON Johan	SWE	#154	83	36 HM	02:24:57	5'48	Kristianstad
37	ANDERSSON Patrik	SWE	#188	77	37 HM	02:26:03	5'50	Team Talkwise
38	AHLGREN Daniel	SWE	#131	83	38 HM	02:27:10	5'53	Lonesome Runners
39	NILSSON Simon	SWE	#174	83	39 HM	02:28:36	5'57	Heleneholm Tri Team
40	BJURGREN Mats	SWE	#230	70	40 HM	02:29:13	5'58	Pallas
41	ENGDAHL Fredrik	SWE	#236	76	41 HM	02:29:30	5'59	OK Pan-Kristianstad
42	CEDERGREN Richard	SWE	#205	68	42 HM	02:30:09	6'00	Kristianstad
43	FRÖJD Rolf	SWE	#145	63	43 HM	02:30:19	6'01	OK Pan-Kristianstad
44	PERSSON Magnus	SWE	#105	69	44 HM	02:30:36	6'01	Ryssbergets IK
45	KVIST Mattias	SWE	#182	79	45 HM	02:31:32	6'04	Kristianstad
46	PERSSON Björn	SWE	#112	86	46 HM	02:33:03	6'07	Tidaholm
47	FROSTGÅRD Carl	SWE	#207	82	47 HM	02:33:40	6'09	CrossFit Hässleholm
48	IVARSSON Björn	SWE	#166	80	48 HM	02:34:25	6'11	Växjö
49	LINDQVIST Patrick	SWE	#226	70	49 HM	02:34:31	6'11	Malmö Gerillalöpare
50	SEBRÉN Kenth	SWE	#199	70	50 HM	02:35:18	6'13	Axa Sport Club
51	KARLSSON Gustav	SWE	#116	76	51 HM	02:35:22	6'13	Ryssbergets IK
52	ÅKESSON Fredrik	SWE	#219	80	52 HM	02:35:27	6'13	Älmhult
53	GUSTAFSSON Andreas	SWE	#220	79	53 HM	02:35:27	6'13	Älmhult
54	MANNINEN David	SWE	#171	90	54 HM	02:36:45	6'16	Jämshög
55	PAGMERT Christian	SWE	#221	66	55 HM	02:38:10	6'20	Coach K Runners
56	VAN ROSSUM Roy	SWE	#237	76	56 HM	02:38:54	6'21	GLUMSLOV
57	ANDERSEN Kurt Roger	SWE	#133	61	57 HM	02:39:37	6'23	FK Snapphanarna
58	LINDSKOG Jon	SWE	#187	74	58 HM	02:40:50	6'26	OK Älme
59	RELLFELT Andreas	SWE	#173	83	59 HM	02:44:17	6'34	Lund
60	RÖSELER Marc	SWE	#228	71	60 HM	02:44:50	6'36	Fjälkinge
61	WELANDER Niclas	SWE	#214	71	61 HM	02:46:36	6'40	Sjöbo
62	LARSSON Johan	SWE	#121	73	62 HM	02:47:32	6'42	Tetra Pak IF
63	OTTOSSON Jon	SWE	#113	85	63 HM	02:47:35	6'42	Globo Gym



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
64	WETTERHORN Martin	SWE	#217	66	64 HM	02:48:18	6'44	Team Snabbare
65	PORUTIS Richard	SWE	#106	67	65 HM	02:49:02	6'46	Ryssbergets IK
66	SJÖLANDER Anders	SWE	#159	78	66 HM	02:49:04	6'46	Rävetofta OK
67	THÖRN Ola	SWE	#141	75	67 HM	02:49:36	6'47	Limhamn
68	HELL Ingvar	SWE	#202	76	68 HM	02:51:41	6'52	Hässleholm
69	PERSSON TRAVESSET Toivo	SWE	#183	67	69 HM	02:53:43	6'57	Team Talkwise
70	BÅÅTH Daniel	SWE	#181	78	70 HM	02:59:26	7'11	Semlan
71	SJÖBERG Niklas	SWE	#196	78	71 HM	03:02:45	7'19	Sjöbo
72	POPPIUS Andreas	SWE	#190	78	72 HM	03:03:48	7'21	Kristianstad
73	BONDESSON Håkan	SWE	#153	73	73 HM	03:05:03	7'24	Färlöv
74	CRONENBERGER Aleksander	SWE	#160	64	74 HM	03:10:17	7'37	Helsingborg
75	ANDREASSON Nils	SWE	#147	69	75 HM	03:11:06	7'39	Lund
76	STARKMAN Henrik	SWE	#148	83	76 HM	03:12:04	7'41	Sävsjö
77	NICKLASSON Fredrik	SWE	#104	71	77 HM	03:12:05	7'41	Holm
78	PERSSON Carl	SWE	#111	58	78 HM	03:12:26	7'42	DSV IF
79	ARPONEN Kristoffer	SWE	#140	85	79 HM	03:19:23	7'59	Föreningen för Utökade Chemtrailsu
80	LUNDAHL Joel	SWE	#155	81	80 HM	03:24:24	8'11	Norrhult
81	PERSSON Rickard Rikkii	SWE	#138	75	81 HM	03:24:27	8'11	Kristianstad
82	HAMMARSTRÖM Tim	SWE	#129	96	82 HM	03:26:18	8'15	Älmhult
83	ARIN Tobias	SWE	#146	70	83 HM	03:34:47	8'35	Lund
84	DAMM Christopher	SWE	#163	87	84 HM	03:52:22	9'18	Kalmar
85	ÅKERS Johan	SWE	#192	73	85 HM	03:55:18	9'25	Outdoor Fitness
86	SVENSSON Johannes	SWE	#162	91	86 HM	03:57:08	9'29	Huskvarna