



Rnk	Lastname - firstname	Nat	Bib	Yr	Rnk Cat	Time	Aver.	Club
1	NILSSON Amanda	SWE	#031		1 DF	02:05:30	5'01	Ryssbergets IK
2	RYDLUND Maria	SWE	#037		2 DF	02:08:31	5'08	Tormestorp
3	BERGMAN Emma	SWE	#006		3 DF	02:09:50	5'12	Ryssbergets IK
4	MÅRTENSSON Jenny	SWE	#030		4 DF	02:12:41	5'18	Falkenberg Allstars
5	PARIOLA FRIDLUND Jessica	SWE	#034		5 DF	02:14:19	5'22	Sweden Runners
6	ENEROTH Lisa	SWE	#010		6 DF	02:16:50	5'28	Malmö Gerillalöpare
7	ÅKESSON Jannike	SWE	#043		7 DF	02:21:45	5'40	Team Blekinge
8	FALKENBERG OLSSON Josephine	SWE	#011		8 DF	02:25:03	5'48	Non Licensed
9	BENGTSSON Ann-Charlotte	SWE	#005		9 DF	02:28:29	5'56	Falkenberg Allstars
10	HANNERZ Sara	SWE	#015		10 DF	02:29:49	6'00	LNK Ultras
11	OLIN Jonna	SWE	#032		11 DF	02:30:03	6'00	IK Vinco
12	JONSSON Malin	SWE	#023		12 DF	02:34:09	6'10	Växjö löparklubb
13	NORDIN Sofia	SWE	#045	95	13 DF	02:34:50	6'12	Majornas IK
14	BORGLIN Sandra	SWE	#007		14 DF	02:36:47	6'16	IK Vinco
15	HELLNER Lindha	SWE	#016		15 DF	02:39:02	6'22	FK Göingarna
16	HOTOPP Ulrika	SWE	#019		16 DF	02:39:16	6'22	Heleneholm IF
17	LEHMAN Karolina	SWE	#025		17 DF	02:43:26	6'32	Växjös Löparklubb
18	JANSSON Emma	SWE	#022		18 DF	02:44:52	6'36	Non Licensed
19	GRIP Malin	SWE	#012		19 DF	02:45:53	6'38	Falkenberg Allstars
20	ANDERSEN Elisabeth	SWE	#002		20 DF	02:54:51	7'00	FK Snapphanarna
21	MATTSSON Karin	SWE	#029		21 DF	02:55:23	7'01	Tycho
22	BAGGESEN FRASER Cecilia	SWE	#004		22 DF	02:55:31	7'01	Actic Skrylle
23	HOLST Johanna	SWE	#018		23 DF	03:00:52	7'14	Malmö
24	BUCHWALD Pamela	SWE	#008		24 DF	03:02:19	7'18	Malmö Gerillalöpare
25	ANDERSSON SKOG Christina	SWE	#003		25 DF	03:02:40	7'18	Stigmännan
26	RAMPRE Lovisa	SWE	#036		26 DF	03:02:50	7'19	Malmö
27	MENGISTU Mahlet Bezu	SWE	#044		27 DF	03:09:21	7'34	Lund
28	KARLSSON Johanna	SWE	#024		28 DF	03:13:34	7'45	OK Pan-Kristianstad
29	SVANTESDOTTER LARSSON Ingrid	SWE	#038		29 DF	03:13:46	7'45	Fk Göingarna
30	PERSSON Kerstin	SWE	#035		30 DF	03:18:01	7'55	Sniglarna
31	HULTBERG Charlotte	SWE	#020		31 DF	03:18:06	7'55	Bunkeflostrand
32	AHLBECK Ingela	SWE	#001		32 DF	03:26:01	8'14	Bunkeflostrand
33	GUSTAFSSON Lena	SWE	#013		33 DF	03:28:12	8'20	Lonesome Runners



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34	MATTISSON Friederike	SWE	#028		34 DF	03:31:19	8'27	Non Licensed
35	TAKAWIRA Constance	SWE	#039		35 DF	03:32:13	8'29	Göteborg
36	CARLSSON Kerstin	SWE	#009		36 DF	03:38:26	8'44	Tjörnarp
37	LIEN RÖNN Barbro	SWE	#027		37 DF	03:38:43	8'45	Hogia Running Club
38	IVERSEN Kitt	SWE	#021		38 DF	03:39:01	8'46	Ängelholm



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1	JÖNSSON Fredrik	SWE	#210	94	1 HM	01:55:24	4'37	FK Snapphanarna
2	FRANTZICH Daniel	SWE	#123		2 HM	01:57:25	4'42	Falkenberg Allstars
3	PERSSON Jens	SWE	#178		3 HM	01:57:50	4'43	Ystads IF Friidrott
4	JOHANSSON Tobias	SWE	#148		4 HM	01:58:03	4'43	Falkenberg Allstars
5	FERM Andreas	SWE	#120		5 HM	01:58:12	4'44	FK Göingarna
6	LINDSTRÖM Martin	SWE	#173	94	6 HM	01:59:20	4'46	Karlshamn
7	THORÉN Henrik	SWE	#198		7 HM	02:03:41	4'57	Björnstorps IF
8	GRIP Niklas	SWE	#129		8 HM	02:06:02	5'02	Falkenberg Allstars
9	RYDSTEDT David	SWE	#220	82	9 HM	02:06:41	5'04	Legeved
10	VALLON-CHRISTERSSON Johan	SWE	#145	73	10 HM	02:09:34	5'11	Malmö Gerillalöpare
11	LARSSON Åke	SWE	#156		11 HM	02:09:52	5'12	Stigmännen Karlshamns OK
12	CEDERQVIST Fredrik	SWE	#115		12 HM	02:10:37	5'13	Karlshamns Triathlon
13	KJELLSSON Roger	SWE	#151		13 HM	02:10:45	5'14	Team Blekinge
14	HOLM Niels	SWE	#140		14 HM	02:11:32	5'16	Tetra Pak IF
15	JÖNSSON Lars	SWE	#132	68	15 HM	02:12:04	5'17	Ryssbergets IK
16	GÖRANSSON Stefan	SWE	#130		16 HM	02:12:52	5'19	Härlövs IF
17	FRICK Amadeus	SWE	#125		17 HM	02:12:58	5'19	Örkelljunga
18	CEFALK Daniel	SWE	#116		18 HM	02:14:18	5'22	Frosta multisport
19	SJÖBERG Martin	SWE	#190		19 HM	02:14:28	5'23	OK Pan-Kristianstad
20	HILMERSSON Johan	SWE	#138		20 HM	02:14:34	5'23	Härlövs IF
21	PERSSON Björn	SWE	#177		21 HM	02:16:38	5'28	Tidaholm
22	MATTSSON Timmie	SWE	#166		22 HM	02:17:12	5'29	Asarum
23	SJÖHOLM Joel	SWE	#191		23 HM	02:17:18	5'30	Ok pan - Kristianstad
24	HAGLUND Harald	SWE	#131		24 HM	02:17:25	5'30	Kristianstad
25	SUNDBERG Sebastian	SWE	#194		25 HM	02:17:48	5'31	Limhamn
26	FALKEK Emil	SWE	#218	74	26 HM	02:17:59	5'31	Falkenberg RR
27	BRORSSON Fredrik	SWE	#111		27 HM	02:19:01	5'34	Stigmännen Karlshamns OK
28	LELOUP Laurent	SWE	#157		28 HM	02:19:42	5'35	Tetra Pak IF
29	AHLGREN Daniel	SWE	#101		29 HM	02:19:52	5'36	Hässleholm
30	L CARLSSON Martin	SWE	#154		30 HM	02:21:38	5'40	Tetra Pak IF
31	SANDSTEN Håkan	SWE	#149	69	31 HM	02:23:01	5'43	Heleneholm IF
32	LUNDBLAD Marcus	SWE	#212	84	32 HM	02:23:42	5'45	FK Snapphanarna
33	WIJKMARK Viktor	SWE	#202		33 HM	02:24:14	5'46	Malmö gerillalöpare



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34	HOLMBERG RUNSTEN John	SWE	#141		34 HM	02:24:45	5'47	Malmö
35	HARTVIG Andreas	SWE	#135		35 HM	02:25:32	5'49	Härlövs IF
36	ÅSTRÖM Urban	SWE	#204		36 HM	02:26:01	5'50	Team Endurance, Malmö
37	WOLF Conny	SWE	#209	70	37 HM	02:26:25	5'51	Promillejägarna Ronneby
38	LILJEBACK Andreas	SWE	#159		38 HM	02:26:52	5'52	Malmö Gerillalöpare
39	LINKE Heiner	SWE	#160		39 HM	02:27:15	5'53	Triathlon Syd
40	FLORELL Erik	SWE	#121		40 HM	02:27:25	5'54	Fjälkinge
41	HJALMARSSON Patrik	SWE	#139		41 HM	02:28:11	5'56	Crossfit Fabriken
42	IVARSSON Tony	SWE	#219	73	42 HM	02:29:29	5'59	OK PAN KRISTIANSTAD
43	MOLIN Henrik	SWE	#170		43 HM	02:29:45	5'59	Karlshamn
44	SEBRÉN Kenth	SWE	#189		44 HM	02:30:41	6'02	Axa Sports Club
45	FRIDSTRÖM Johan	SWE	#126		45 HM	02:31:50	6'04	Karlskrona SOK
46	SCHÖN Jimmy	SWE	#188		46 HM	02:32:04	6'05	Ryssbergets IK
47	SANDE Gustav	SWE	#186		47 HM	02:32:58	6'07	Genarps IF
48	LARSSON Johan	SWE	#155		48 HM	02:33:12	6'08	Tetra Pak IF
49	TRAVERT Francois	SWE	#199		49 HM	02:33:18	6'08	Ystad if
50	SVENSSON Mats	SWE	#196		50 HM	02:34:09	6'10	Ryssbergets IK
51	SJÖSTRAND Micke	SWE	#192		51 HM	02:34:46	6'11	Team Freedom Trail
52	ANDERSSON Christopher	SWE	#104		52 HM	02:35:41	6'14	Ystad
53	HILL Nicholas	SWE	#137		53 HM	02:35:58	6'14	Ekerö
54	PIITTINEN Matti	SWE	#180		54 HM	02:36:39	6'16	Skydive Skåne
55	LUNDGREN Folke	SWE	#163		55 HM	02:37:07	6'17	OK Pan-Kristianstad
56	FRÖJD Rolf	SWE	#128		56 HM	02:37:59	6'19	Pan kristianstad
57	ROSENBERG Mats	SWE	#184		57 HM	02:38:55	6'21	Stigmännen
58	FORSELIUS Jonas	SWE	#122		58 HM	02:39:16	6'22	Vimmerby SK
59	GUSIC Michael	SWE	#208	75	59 HM	02:39:55	6'24	Promillejägarna Ronneby
60	ÖSTMAN Anders	SWE	#207		60 HM	02:41:10	6'27	Näset Triathlonklubb
61	ANDERSEN Kurt Roger	SWE	#211	61	61 HM	02:41:27	6'27	FK Snapphanarna
62	ELIASSON Anders	SWE	#117		62 HM	02:42:03	6'29	Spring i Önnered
63	SCHYLLERT Joakim	SWE	#187		63 HM	02:43:09	6'32	Ronneby
64	BJÖRKLUND Matts	SWE	#109		64 HM	02:43:15	6'32	Helsinborg
65	IVARSSON Björn	SWE	#214	80	65 HM	02:43:34	6'33	Växjö
66	NYQVIST Johan	SWE	#172		66 HM	02:43:38	6'33	Malmö



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67	BERGH Magnus	SWE	#213	49	67 HM	02:43:44	6'33	Heleneholms IF
68	RÖNN Niklas	SWE	#185		68 HM	02:45:03	6'36	Hogia Running Club
69	FROSTGÅRD Carl	SWE	#127		69 HM	02:45:20	6'37	CrossFit Hässleholm
70	PETTERSSON Erik	SWE	#179		70 HM	02:46:30	6'40	Malmö gerillalöpare
71	ANDERSSON Peter	SWE	#105		71 HM	02:46:56	6'41	Öl-Runners
72	RIETZ Joachim	SWE	#183		72 HM	02:46:58	6'41	Non Licensed
73	RELLFELT Andreas	SWE	#182		73 HM	02:47:15	6'41	Lund
74	B ANDERSSON Per	SWE	#108		74 HM	02:47:42	6'42	Tetra Pak IF
75	ALSÉN Ola	SWE	#103		75 HM	02:48:03	6'43	AXA Sports Club
76	OTTOSSON Jon	SWE	#217	85	76 HM	02:52:04	6'53	Globo Gym
77	CARLSON Fredric	SWE	#112		77 HM	02:52:16	6'53	Malmö Gerillalöpare
78	HÖSKULDSSON Jon	SWE	#144		78 HM	02:53:14	6'56	København
79	BJÖRKÅKER Emil	SWE	#215	80	79 HM	02:54:06	6'58	OK Gyngge
80	CELANDER Erik	SWE	#216	85	80 HM	02:54:07	6'58	Berber IS
81	KARLSSON Gustav	SWE	#221	76	81 HM	02:54:13	6'58	Ryssberget IK
82	MATTSSON Anders	SWE	#165		82 HM	02:54:20	6'58	Malmö
83	VAN ROSSUM Roy	SWE	#201		83 HM	02:54:26	6'59	Glumslöv
84	HANSSON Kim	SWE	#134		84 HM	02:55:13	7'01	Globo Gym
85	KNUTSSON Mikael	SWE	#152		85 HM	02:55:22	7'01	Höganäs
86	HED Martin	SWE	#136		86 HM	02:57:01	7'05	Limhamn
87	CARTNE David	SWE	#113		87 HM	03:03:20	7'20	Malmö
88	LENNARTSSON Kalle	SWE	#158		88 HM	03:04:59	7'24	Vattudalens LDK
89	LUNDAHL Joel	SWE	#161		89 HM	03:09:52	7'36	N/a
90	FREDBO Fredrik	SWE	#124		90 HM	03:11:23	7'39	Ystads OK
91	FIITZ Björn	SWE	#169	76	91 HM	03:12:01	7'41	Önnestad
92	OLSSON Patrik	SWE	#174		92 HM	03:20:17	8'01	Kristianstad
93	HOLST Fredrik	SWE	#142		93 HM	03:20:30	8'01	Malmö Beer Runners
94	ÖRNBERG Ola	SWE	#205		94 HM	03:28:12	8'20	Lonesome Runners
95	MATTISSON Peter	SWE	#164		95 HM	03:31:19	8'27	Umara sports club